

December B House

The days are flying by so quickly. Quarter One has ended. Calls have been made, letters have been sent, we have texted and emailed , we have made visits , we continue to spread the word about the support available to our students and families. Take advantage of all we have to offer. Look through your emails and this website for reminders. On -line, free virtual, tutoring is here, check it out.

<https://www.lowell.k12.ma.us/cms/lib/MA01907636/Centricity/Domain/8/2020-2021%20Tutoring.pdf>



Email, call, text, write... whatever you choose ,just keep in touch with us
Clearly we are going crazy without you here.

Mrs. MCanespie, Mrs. McCabe and Mrs. Schwartz are over my antics!



Check out this interesting article about helping teenagers cope during COVID
<https://www.hopkinsmedicine.org/health/conditions-and-diseases/coronavirus/staying-home-during-covid19-help-teens-cope>



Looking for socially distant, safe ways to have fun over the holidays ?

You can still Netflix with friends, decide on the movie and zoom or facetime together as you all watch.

Over Thanksgiving I watched , The Holidate,

<https://www.youtube.com/watch?v=hxaaAoI57fk>

Hillbilly Elegy (I love Amy Adams ever since I saw her in The Fighter,)

https://www.youtube.com/watch?v=KW_3aa0SOYg

Also watched as usual, Christmas Vacation,

<https://www.youtube.com/watch?v=NBTTipJX-h4>

And the season doesn't really begin until we watch, ELF

<https://www.youtube.com/watch?v=a54yC1etmVc>

Netflix suggests:

The Christmas Chronicles (filmed in Lowell)

<https://www.netflix.com/title/80199682>

<https://netflixlife.com/2020/11/25/christmas-movies-on-netflix-teens/3/>

Try a Cooking Competition with Friends over zoom: watch Chopped for inspiration!

<https://www.foodnetwork.com/shows/chopped/episodes/holiday-cooking>

Get cozy with a great book:

<https://shereads.com/must-read-ya-books-2020/>

Do something nice for someone: You could send a Holiday card or letter to residents in local nursing homes. Maybe send a letter of thanks to first responders or front line workers who have been working tirelessly throughout these past 9 months?

https://www.huffingtonpost.ca/entry/christmas-card-campaigns-2020_ca_5fcd3854c5b6636e0926496b

Nursing Homes:

Willow Manor: 30 Princeton Blvd Lowell MA 01851

D'youville 981 Varnum Ave Lowell MA 01854

Wingate 500 Wentworth Ave Lowell MA 01852

Town and Country 259 Baldwin Street 01851

Northwood 1010 VArnum Ave Lowell MA 01854

Fairhaven 476 VArnum Ave Lowell MA 01854

First Responders/Healthcare

Lowell General Hospital 295 VArnum Ave Lowell MA 01854

LGH/Saints CAmpus 1 Hospital Drive Lowell MA 01852

Trinity Ambulance 640 Dutton St Lowell MA 01852

or 1221 Westford St Lowell MA 01851

Lowell Fire Department W 6th Street Lowell MA 01851

Lowell Fire Dept Old Ferry Rd Lowell MA 01854

Lowell Fire Department High Street Lowell MA 0182

OR, send a letter of thanks or appreciation to a good friend, family member, teacher, community member. The time is always right to reach out and let someone know you are thankful for them and thinking about them.